



# Gulf Coast High Intensity Drug Trafficking Area Training Alert

*No cost to attend*

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## RESILIENCY TRAINING

**WHEN:** August 14, 2024 (Wednesday)  
Time: 8:30 AM – 5:00 PM

**WHERE:** Germantown Police Department  
1930 Germantown Road  
Germantown, TN 38138

**CO-SPONSOR:** Germantown Police Department

**POST CERTIFIED-**Pending

### DESCRIPTION:

For many years our chosen career has required all of us to be hyper vigilant daily in order to survive a long, stressful and often dangerous profession for either ourselves or the people close to us. As law enforcement officers or investigators, we work complex cases and eventually move into harm's way to arrest violent criminals. As supervisors and support staff, we solve problems to take care of people, resolve conflict and sometimes ask officers we care about to go into harm's way themselves. All of which requires our passion, focus and mental acuity. What is the price? No matter your assignment, these jobs and the types of things we are exposed to take a bit of your soul and inevitably adds trauma and stress to the body and brain. When and how we offload that stress is sometimes unconscious or can be a conscious decision, but absolutely will have to be set down or unpacked eventually. This course provides employees with tools and techniques to be more resilient and insure we take care of ourselves and as leaders, we are making sure our people remain mentally and physically healthy.

### INSTRUCTOR:

James Catalano has over twenty-seven years of professional federal law enforcement experience spanning numerous assignments while employed with the **Drug Enforcement Administration (DEA)**. Mr. Catalano has thirty-two years of total law enforcement experience serving as both a State Police Narcotics Agent and a municipal police officer prior to joining DEA. Mr. Catalano has conducted thousands of high-level criminal investigations and supervised complex projects and programs requiring a high degree of leadership and team building skills. As a Supervisory Special Agent and Team Leader for the DEA St. Louis Division Special Response Team (SRT), Mr. Catalano has been responsible for complex planning, high-risk assessments and operations. As the DEA Memphis Resident Agent in Charge (RAC) and the Assistant Special Agent in Charge (ASAC) of the Las Cruces



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New Mexico District Office, Mr. Catalano exemplified his role as office head in developing and maintaining relationships with federal, state, and local law enforcement agencies and with government officials. In his position as the ASAC, Mr. Catalano had expertise in implementing and directing enforcement operations, administrative programs, DEA policy and coordinating annual budgets and staffing plans on a global level. Mr. Catalano has been recognized for his outstanding leadership skills in mentoring, teaching, motivating and inspiring co-workers. Mr. Catalano has the highest level of integrity and is self-motivated with a diverse range of leadership skills.

Mark Hamm received a bachelor's in anthropology and psychology from Eastern Kentucky University in 1994 and a Master's in Education with an emphasis in Mental Health Counseling from Western Kentucky University in 2005. He co-founded Phoenix Preferred Care in 1998 and is proud to have been able to offer mental health services to children and families in the Lake Cumberland region for over 25 years. Since 2019, Mark has served as an Area Clinician for the Louisville Division DEA EAP in which he consults, collaborates, trains, provides clinical work, and responds to critical incidents for the DEA. Mark also serves as the Wellness Coordinator for Lake Cumberland Regional Hospital Physician Residency Program.

**Enrollment:** • <https://www.nhac.org/hiddatraincalendar/events/1> or go to our GCHIDTA website at <http://www.gchidta.org/>. Click on the training tab and find the event on the calendar.

- Then select "Resiliency Training" class. August 14, 2024
- Fill in the Online Application.
- Select Complete Registration
- Save the application number for further use if necessary
- You will receive an email indicating your online registration has been received

**Attendance:** Open to all certified law enforcement officers and support personnel

**Contact:** Please enroll on-line. If you have any questions or issues with the on-line process, contact Brian Chambers at 901-378-7706 or [chambeb@gchidta.org](mailto:chambeb@gchidta.org).

**All students registering:** Please use [Gulf Coast HIDTA](#) as your HIDTA category.